





I Am Worthy

A resilience resource created by and for men in prison

WE ARE NOW ACCEPTING SUBMISSIONS!

I Am Worthy is more than a book. It is a platform for men who are incarcerated and have experienced trauma or abuse to reclaim their story, give voice to their experiences, and bring healing, strength, and dignity to themselves and to others walking a similar path.

-  Share your poetry, reflections, essays, or artwork.
-  Reclaim your story. Inspire others. Find healing and hope.
-  Please note: All submissions become the property of Dismas Ministry and will not be returned. You will be notified of acceptance.
-  Selected submissions will be featured in Volume 1 and shared with men's correctional facilities across the country—FREE OF CHARGE.

SUBMISSION DEADLINE:

AUGUST 1, 2026

My story matters.

My voice matters.

I am Worthy.



Help us tell the world that incarcerated men are more than their past. **They are seen. They are heard. They are worthy.**



Dismas Ministry

Remember me.
Luke 23:42

Mail submission to:
Dismas Ministry
P.O. Box 2113
Milwaukee, WI 53201



DIGNITY | HEALING | HOPE | TRANSFORMATION

Details for Submissions

Here are the details for Volume 1 of *I Am Worthy*:

- **Submission deadline:** We are currently accepting submissions through **August 1, 2026**.
- **Length guidelines:** There is no strict minimum, but we suggest:
 - Poetry: 1–2 pages (approximately 150–600 words, depending on style)
 - Reflections or essays: Approximately 700 words
Longer and shorter pieces are absolutely welcome.
- **Artwork submissions:** Artwork can be mailed as original pieces or high-quality copies – though originals are preferred. We ask that each piece include the contributor’s name clearly written on the back. If possible, a brief description or title is appreciated.
- **Contributor information:** We ask contributors to include their name and facility. Published pieces will typically include the individual’s name and facility unless they request otherwise. We are very mindful of privacy and will honor any request for anonymity.
- **All submissions** become the property of Dismas Ministry and will not be returned.
- Each contributor will receive their own **FREE copy** of the completed book.
- Each individual who submits will be notified by mail regarding the status of their submission, whether it is accepted or not.

All submissions will be thoughtfully reviewed by our literary review team, who will determine the final selection and appropriate length of each piece for publication. While we provide general guidelines to help shape submissions, we value authentic expression and will make decisions based on the overall quality, clarity, and impact of the work. Our goal is to honor each contributor’s voice.

Our hope is to make this as accessible and encouraging as possible, giving men the space to share their voices in a meaningful and dignified way.

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